



2018
Dubuque Senior
Youth
Football Camp and
Middle School
Academy

July 16-18
8 a.m. to 10 a.m.

Dubuque Senior High School
Dalzell Field

www.dbqschoolscamps.com

Notice: Distribution of this flyer does not constitute an endorsement by the Dubuque community school district. The printing cost for these flyers was paid for by the sponsoring organization.

Camp Information

The Youth Camp (grades 1-6) will focus on the basic offensive and defensive fundamentals of football. The Middle School Academy (grades 7-8) will focus on advanced fundamentals and getting ready for junior high football.

- **\$40.00** (Payment in advance is expected)
- **Check in: July 16 7:30-7:50**
- Each participant will receive a camp t-shirt
- **July 16-8, 8 a.m.-10 a.m.**
- **Incoming 1st, 2nd, 3rd, 4th, 5th, 6th, 7th and 8th graders are eligible for participation**
- Instruction is devoted to offensive and defensive fundamentals.

Location

Dalzell Field
Dubuque Senior High School
1800 Clarke Drive, Dubuque, 52001

Camp Staff

Dubuque Senior Coaches and Players

Contact

Dale Ploessl, Head Coach
1800 Clarke Drive
Dubuque, IA 52001
Phone: 552-5750
dploessl@dbqschools.org

What to Bring

- Football Cleats and Tennis Shoes
- ***Strong Desire to Learn***
- ***Water will be provided***

CAMP PRACTICE FORMAT

Dynamic and Static Stretch
Special Teams Instruction
Individual Position Instruction
Unit Instruction
7 on 7 Competition

Camp Schedule

July 16 Check in at 7:40
July 16 – July 18 camp 8-10am

Registration and payment for the Football Camp is done online. Please go to the following Website to register for camp.

www.dbqschoolscamps.com

If you have any questions or can not register or pay online, then please contact Coach Ploessl anytime.

Go Rams!!